



# Altitude

## comes from your attitude

Optimism is contagious and a smile is free. Those are well known aphorisms. In the enterprise, they can become your passports to climbing the corporate ladder. Between two candidates to a job, the one with the right attitude takes a head start.

**W**hen in the office, do you like spending time gossiping with your colleagues? Are you complaining about the customers or your workload? There is a saying I particularly like from Robin Sharma: Victims recite problems, leaders find solution. I believe this forms into each of us attitude.

Having the right attitude is not equivalent to being a silly optimist. It is about embracing challenges and seeing them through. It is about going over our fears. It is about asking for help when needed. It is about gathering the right team. It is about stepping in leader's shoes.

Oh, I am not saying life will be rosy and switching to the right attitude will allow you to jump over all barriers. However, the butterfly effect works with the atti-

tude: a small change can produce a huge effect. But at the moment, you may ask: what is the right attitude?

I would qualify it with four characteristics: optimism, realism, honesty and action. Without optimism, no solution is possible. To every challenge, you have to look for the solution, and it may require lots of efforts. Realism is key, Rome was not built in a day and outlining the path to the solution is critical to get the buy-in for all stakeholders.

Honesty is the only way to go! You should be transparent and sincere. And you should be passionate about the solution you bring to the table. Finally, all beautiful plans are nothing without strong and firm actions. Do not fall into the analysis paralysis. As it is said, better be forgiven than ask for

permission. So act now and deliver on your promise.

If you come every morning with the right optimistic, realistic, honest and action-oriented attitude, you will see your flight level steadily increase. You will gather allies around you, you will attract talent who will want to work under your leadership. Sky being the limit, you may reach the moon by aiming at the stars!

Be passionate, be energetic, keep a smile on your face and come to work with this attitude that will make you day the best of all, whatever happens! Come to Port-Louis Toastmasters to learn how to grow the right attitude: [pltoastmasters@google-groups.com](mailto:pltoastmasters@google-groups.com).

**Marc Israel,**  
President, Port-Louis  
Toastmasters Club